



Homeschool Learning Network

Basketball Terms

Name _____

Date _____

Write the definition of each term below.

- 1. DRIBBLING _____
- 2. DUNK _____
- 3. TRAVELING _____
- 4. TURN_OVER _____
- 5. REBOUNDING _____
- 6. FOULS _____
- 7. FAST_BREAK _____
- 8. HOLDING _____
- 9. HACKING _____
- 10. FREE_THROW _____
- 11. ASSIST. _____
- 12. CHARGING _____
- 13. OFFENSE _____
- 14. BLOCKING _____
- 15. PASSING _____
- 16. DEFENSE. _____
- 17. BOXING_OUT _____
- 18. PIVOTING _____
- 19. SHOOTING _____
- 20. ZONE_DEFENSE _____
- 21. DOUBLE_DRIBBLE _____
- 22. MAN_TO_MAN _____
- 23. AIR_BALL _____



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DEFINITIONS:

1. DRIBBLING. bouncing the ball with 1 hand using your fingertips instead of your palm so that it rebounds back to yourself
2. DUNK. to throw the ball down into the basket with the hand above the level of the rim
3. TRAVELING. moving illegally with the ball
4. TURN_OVER. any loss of the ball without a shot being taken
5. REBOUNDING. The recovering of a shot that bounces off the backboard or the rim.
6. FOULS. results in one or more free throws awarded to the opposing team
7. FAST_BREAK. dribbling or passing the ball towards your basket before the defense can set up
8. HOLDING. the player holds the person with or without the ball.
9. HACKING. the player hits the arm or hand of the person holding the ball.
10. FREE_THROW. 1 point is awarded to an unguarded shot taken from behind the free throw line while the clock is stopped.
11. ASSIST. a pass to a teammate who then scores a field goal.
12. CHARGING. running into a stationary player while you are moving with the ball.
13. OFFENSE. team trying to score
14. BLOCKING. impeding the progress of an opponent by extending one or both arms horizontally or getting in the path of a moving player.
15. PASSING. moving the ball by throwing, bouncing, handing, or rolling it to another player
16. DEFENSE. team trying to stop the other team from scoring
17. BOXING_OUT. a player's position between an opposing player and the basket to obtain a better rebounding position.
18. PIVOTING. stepping once or more in any direction with the same foot while holding the other foot at its initial point.
19. SHOOTING. throwing the ball to make a basket
20. ZONE_DEFENSE. a defensive strategy where everyone guards an area instead of a player
21. DOUBLE_DRIBBLE. a player dribbles the ball with both hands at the same time or they stop and then start dribbling again
22. MAN_TO_MAN. a defensive strategy where everyone guards an assigned player
23. AIR BALL. a shot that completely misses the rim and the backboard